

L A V E R N E A . B E R K E L , P H D

Associate Professor, Counseling & Educational Psychology
University of Missouri – Kansas City
229 Education Building
Kansas City, MO 64110
Phone: (816) 235-2444 E-mail: Berkell@umkc.edu

EDUCATION

- Doctor of Philosophy** Counseling Psychology, December 1999
The Pennsylvania State University (APA Accredited)
- Master of Arts** Counseling and Guidance, May 1995
New York University
- Bachelor of Science** Psychology, May 1992
Oakwood College (now Oakwood University)

PROFESSIONAL LICENSES

- Licensed Psychologist, State of Missouri, #2006024162
- Licensed Psychologist, State of Kansas, #2524

PROFESSIONAL EXPERIENCES

Administrative Appointments

01/18 – Present **Faculty Affairs Fellow, Office of the Provost**

University of Missouri – Kansas City, Kansas City, MO

Completed an Academic Development Leave during spring 2018, then have continued serving as provost fellow on a part-time basis. Work closely with Vice Provost for Faculty Affairs to review and update processes related to faculty credentialing consistent with accreditation guidelines. Collaborate with personnel from Human Resources, Information Technology, and others to review and improve faculty onboarding procedures. Created an online part-time faculty resource space to orient new part-time faculty to UMKC. Created first UMKC online Faculty Resource (faculty handbook). Collaborate with the Director of the Faculty Center for Excellence in Teaching and Vice Provost for Faculty Affairs to expand orientation activities for new full-time faculty. Assist Vice Provost for Faculty Affairs in addressing concerns raised by faculty and administrators, and serve as provost office's representative on campus committees.

4/19 – Present **Assistant to the Division Chair, Counseling and Educational Psychology**

University of Missouri – Kansas City

Provide assistance to the Division Chair in carrying out chair responsibilities while the Chair also fulfills the role of Interim Dean of Students for the UMKC campus. Duties include screening and securing adjunct faculty, faculty credentialing, course scheduling, and other duties as assigned.

9/10 – 08/17 **Associate Dean, School of Education
University of Missouri – Kansas City; Kansas City, MO**

Served as coordinator for School of Education academic credentialing process, working with division chairs to develop and implement guidelines and processes to ensure appropriate academic hiring consistent with regional (Higher Learning Commission) accreditation guidelines.

In collaboration with faculty, staff, and administration, hosted a successful joint visit for re-accreditation by the National Council for the Accreditation of Teacher Education (NCATE) and the Missouri Department of Elementary and Secondary Education (2012). Led or assisted in all preparation efforts, including preparation of the self-study. Responsible for school-wide initiatives designed to introduce faculty and staff to new accreditation standards, and for the completion and submission of self-study for 2018 Council for the Accreditation for Education (CAEP) Programs accreditation.

In collaboration with colleagues, developed and implemented first formal mentoring program for new faculty.

Responsible for orientation of full-time and adjunct faculty. Revised adjunct faculty handbook and evaluation processes and procedures.

Member of school-wide Strategic Action Plan committee, and participated in the development and implementation of the school's three to five year plan. Chaired the school's Strategic Action Plan Implementation Committee. In collaboration with faculty and staff, coordinated two school-wide retreats designed to share progress on strategic plan, and support interest and momentum in reaching goals.

Chaired or co-chaired the school's assessment committee 2009-2017. Worked with faculty and staff to implement unit-wide assessment system. Involved in all aspects of unit-wide assessment, including serving as school's representative on the University Assessment Committee. Revised school's exit, employer, and alumni surveys used for program review and accreditation.

Served as school's promotion and tenure coordinator. Also served as school's coordinator for myVITA, an online platform used to report all aspects of faculty activity.

Led the committee that developed the school's first policy on non-tenure track faculty, and chaired team that developed the school's process for promotion of non tenure-track faculty.

Chaired and co-chaired several search committees for faculty, staff, and key leadership positions in the school.

Served as the School of Education representative for UMKC Graduate Officers Committee. In the role of Graduate Officer, I handled student appeals, requests for exception to graduate school policies, and reviewed campus-wide proposals for new or modified courses.

Supervised the School of Education's Grants Coordinator and the Director of the Berkley Child and Family Development Center.

9/08 – 8/10 **Interim Associate Dean, School of Education & Associate Professor
University of Missouri – Kansas City; Kansas City, MO**

Provided support for the SOE Assessment Committee.

Served as School of Education representative for UMKC Graduate Officers Committee.

Provided supervision for the School of Education Technology Learning Lab and Northland Campus.

Served as promotion and tenure coordinator for the school.

Chaired search committee for the Endowed Chair of Urban Teacher Education.

Academic Appointments

9/06 – Present **Associate Professor (Tenured), Counseling Psychology and Counselor Education
University of Missouri – Kansas City, Kansas City, MO**

Teach courses in counseling methods, career development, mental health seminar, group counseling, introduction to counseling, consultation, and doctoral seminar; conduct research; supervise students' clinical and research experiences, and serve on departmental, unit-wide, school, and campus-wide committees.

8/99 – 8/06 **Assistant Professor, Counseling Psychology and Counselor Education Program;
University of Missouri – Kansas City; Kansas City, MO**

Taught counseling theories, counseling methods, practicum, and mental health seminar to graduate and doctoral students; also conducted research, supervised students' clinical and research experiences, and served on departmental, unit-wide, and school-wide committees.

Other Professional Experiences

1/08 – Present **Private Practice
Hutchinson & Associates; Kansas City, MO**

Maintain psychotherapy private practice with 4 to 6 adult individuals and couples presenting with a range of mood, anxiety, and interpersonal problems. Provide short-and long-term therapy utilizing an integrative psychotherapeutic approach.

9/06 – 12/07 **Consultant
Henry W. Bloch Foundation, Kansas City, MO**

Conducted a program evaluation of the Henry W. Bloch Foundation Scholarship program.

3/03 – 3/05 **Workshop Facilitator
National Council on Alcoholism and Drug Dependence**

Conducted day-long workshops on diversity and counseling related issues for participants seeking continuing education credits or substance abuse certification.

- 8/04 – 5/05 **Program Evaluator and Diversity Consultant**
Served as diversity consultant to the UMKC School of Nursing administration, faculty, and staff. Conducted a comprehensive program evaluation and made recommendations for improving school's inclusiveness and sensitivity to diverse students, faculty and staff.
- 10/00– 3/03 **Consultant and Workshop Facilitator**
Mid-American Addictions Technology Transfer Center
Provided consultation services, typically in the form of teaching one-day courses and facilitating workshops for programs developed for the continuing education and certification of substance abuse counselors.
- 10/02 – 05/03 **Consultant and Clinical Supervisor**
University of Missouri – Columbia; Gear-Up Reach Project.
Provided direct supervision to four counseling graduate students who provided career counseling interventions for 9th graders at Central High School in Kansas City, MO. Established relationships with school personnel, oversaw implementation of curriculum, and interfaced with Gear-Up Project Coordinator.
- 3/00 – 4/01 **Psychological Resident (Post-doctoral supervised experience)**
Truman Medical Center Behavioral Health Network; Kansas City, MO
Provided a broad range of psychological services, including assessment, testing, and individual and group counseling, to an indigent and chronically mentally ill outpatient population.
- 7/98 – 7/99 **Pre-doctoral Intern, Counseling Center, University of Maryland – College Park**
APA-Approved Pre-doctoral Internship in Psychology
Provided emotional-social and education-vocational counseling to university college students. Provided a broad range of psychological services including intake assessments, consultation, individual and group psychotherapy, and clinical supervision.
- 9/93 – 8/95 **Family Services Counselor, Sarah Burke House Shelter, Bronx, NY**
Provided individual and group counseling to women living in a shelter for battered women and their children. Furnished legal, psychological, educational, and occupational referrals.
- 1/93 - 5/94 **Research Assistant, Institute for Prevention Research**
Cornell University Medical Center, New York, NY
Administered a Life Skills Intervention Program to students in an after school program. This program was designed to help inner-city students develop social and other life skills necessary to avoid the onset of tobacco use. Conducted pre- and post-test interviews with children and parents involved in the intervention program. Observed and rated teachers responsible for administering the school-based intervention program.

GRANT ACTIVITY

Funded:

Berkel, L.A., Nilsson, J.E., Kelly, P.J., & Wilson, S. Psychologists Collaborating and Advocating to Restore Equity- Military Communities (PsiCARE-MC): An Integrated Training Program in Behavioral Health Care for Military Communities. Health Resources and Services Administration. Award #

D40HP26869-02-01 (Supplement). Amount awarded: \$137,911. Period of Award 2015-2016. Project Director

Nilsson, J., **Berkel, L.A.**, Kelly, P., & Wilson, S. Psychologists Collaborating and Advocate to Restore Equity (Psi CARE): An Integrated Training Program in Behavioral Health Care for Underserved Urban Communities. Health Resources and Services Administration. Award # D40HP26869-01-00. Amount awarded: \$353,340. Period of Award 2014-2016. Co-Investigator.

Kelly, P.J., **Berkel, L.A.**, & Nilsson, J. E. A pilot intervention to increase women's coping skills in family integration after deployment in combat areas. Department of Defense. Amount Awarded: \$503,719. Period of Award: 2010-2013. Co-Investigator.

Poston, W.S.C., & **Berkel, L.A.** An analysis of environmental risk factors of obesity: Minority Supplement. National Institutes of Diabetes and Digestive and Kidney Diseases (National Institutes of Health): 3 R01 DK64284-01 S1. Amount Awarded: \$493,963. Period of Award: September 1, 2003 to August 31, 2007. Co-Principal Investigator.

Berkel, L.A. Principal Investigator. Multicultural Competence among Counseling Trainees. School of Education Dean's Small Grant, University of Missouri – Kansas City (2004). Amount Awarded: \$600.

Berkel, L.A. Principal Investigator. Therapists' Religious and Spiritual Attitudes, Universal-Diverse Orientation, Multicultural Counseling Competencies, and the Practice of Psychotherapy (2002). Faculty Research Grant - Sponsored Programs and Research Support, University of Missouri – Kansas City. Amount Awarded: \$6,000.00.

Rooney, S.C., Nilsson, J.Y., **Berkel, L. A.**, & Paul, B.D. (2000). Grant for the creation of the UMKC Gay, Lesbian, Bisexual, and Transgender SAFE ZONE. Alumni-Associations and the Divisions of Academic and Student Affairs Diversity Grant, University of Missouri-Kansas City. Amount awarded: \$2,000.

Unfunded:

Nilsson, J.E., **Berkel, L.A.**, Lundgren, J., Rempfer, & Gotham, H. Psychologists Collaborating and Advocating to Restore Equity- Military Communities (Psi CARE): An Integrated Training Program in Behavioral Health Care for Urban and Military Communities. Health Resources and Services Administration.

Peterson, J., Bopp, M., & **Berkel, L.A.** (2010, March). Evaluation of a faith leader health behavior intervention to target health disparities. National Center on Minority Health and Health Disparities Special Emphasis Panel. Amount requested: \$225,000.

PUBLICATIONS

*Italics denotes student author, * denotes peer-reviewed*

***Berkel, L.A.**, Nilsson, J.E., & Kelly, P.J., *Anderson, W.M., Joiner, A.J., Davids, C., & Serpe, C.* (2019). Faith of our sister soldiers: National Guard women share stories of their faith during and after deployment. *Journal of Religion and Health*, 58, 1753-1769. [doi:10.1007/s10943-019-00839-1](https://doi.org/10.1007/s10943-019-00839-1)

***Berkel, L.A.**, Nilsson, J.E., *Joiner, A.V., Stratman, S., Caldwell, K., & Chong, W.* (2019). Experiences of counseling psychologists working in integrated health care. *The Counseling Psychologist*, 47, 1037-1060. [doi:10.1177/0011000019895495](https://doi.org/10.1177/0011000019895495)

- *Nilsson, J.E., **Berkel, L.A.**, & Chong, W. (2019). Integrated health care and counseling psychology: An introduction to the major contribution. *The Counseling Psychologist, 47*, 99-1011. doi: [10.1177/0011000019896795](https://doi.org/10.1177/0011000019896795)
- *Heinrich, K.M., Haddock, C.K., Jitnarin, N., Hughey, J., **Berkel, L.A.**, & Poston, W.S.C. (2017). Perceptions of important characteristics of physical activity facilities: Implications for engagement in walking, moderate and vigorous physical activity. *Frontiers in Public Health, 5*, pp. 1-8. doi:10.3389/fpubh.2017.00319.
- *Maung, J., Nilsson, J.E., **Berkel, L.A.**, & Kelly, P.J. (2017). Women in the National Guard: Coping and barriers to care. *Journal of Counseling and Development, 95*(1), 67-76 . doi:10.1002/jcad.12118
- *Kelly, P.J., Cheng, A., **Berkel, L.A.**, & Nilsson, J.E. (2016). Perceptions of individual and family functioning among deployed female National Guard members. *Journal of Family Nursing 22*(3), 419-434. doi: [10.1177/1074840716642791](https://doi.org/10.1177/1074840716642791)
- *Jitnarin, N, Heinrich, K.M., Haddock, C.K, Hughey, J., **Berkel, L.**, & Poston, W.S.C. (2015). Neighborhood environment perceptions and the likelihood of smoking and alcohol use. *International Journal of Environmental Research and Public Health, 12*(1), 784-799, doi:10.3390/ijerph120100784
- *Kelly, P.J., **Berkel, L.A.**, & Nilsson, J.E. (2014). Postdeployment reintegration experiences of female soldiers from national guard and reserve units in the United States. *Nursing Research, 65*(3), 346-356. doi:10.1097/NNR.0000000000000051
- *Nilsson, J. E. **Berkel, L.A.**, Kelly, P.J., Trummer, M., Maung, J., & Sukumaran, N. (2014): Women in the National Guard: Experiences with children during deployment. *Counselling Psychology Quarterly, 28*, 113-131. doi:10.1080/09515070.2014.970127
- *Kelly, P., Nilsson, J., & **Berkel, L.A.** (2014). A gendered perspective on military deployment. *Women and Health, 54*(1), 61-76. doi:10.1080/03630242.2013.862897
- *Joshi, C., Marszalek, J., **Berkel, L.A.**, & Hinshaw, A. (2013). An empirical investigation of Victor Frankl's logotherapeutic model. *Journal of Humanistic Psychology, 20*(10), 1-27. doi: [10.1177/0022167813504036](https://doi.org/10.1177/0022167813504036)
- *Scalise, D., **Berkel, L.A.**, & Whitlock, R.V. (2010). Client factors associated with treatment completion in a substance abuse treatment facility. *Addiction Research & Theory, 18*, 667-680. doi:[10.3109/16066351003778726](https://doi.org/10.3109/16066351003778726)
- *Heinrich, K.M., Hughey, J., Randles, A., Wall, D., Peterson, N.A, Jitnarin, N., **Berkel, L.A.**, Eaton, P., Bowles, D., Haddock, C.K., & Poston, W.S.C. (2010). The census of social institutions: A public health direct observation measure of local land use. *Journal of Urban Health: Bulletin of the New York Academy of Medicine, 87*, 410-415. doi:10.1007/s11524-010-9443-7
- *Blue, E.L., & **Berkel, L.A.** (2010). Feminist identity attitudes, negative affect, and eating pathology in African American college women. *Journal of Black Psychology, 36*, 426-445. doi: [10.1177/0095798409353753](https://doi.org/10.1177/0095798409353753)

- *Heinrich, K.M., Jitnarin, N., Suminski, R.R., **Berkel, L.**, Hunter, C.M., Alvarez, L., Brundige, A.R., Peterson, A.L., Foreyt, J.P., Haddock, C.K., & Poston, W.S.C. (2008). Obesity classification in military personnel: A comparison of body fat, waist circumference, and body mass index measurements. *Military Medicine*, 173, 67-73. doi:[10.7205/milmed.173.1.67](https://doi.org/10.7205/milmed.173.1.67)
- ***Berkel, L.A.**, Constantine, M.G., & Olson, E.A. (2007). Supervisor multicultural competence: Addressing religion and spirituality in counseling training. *Clinical Supervisor*, 26, 3-15. doi:[10.1300/J001v26n01_02](https://doi.org/10.1300/J001v26n01_02)
- *Bahner, A.D., & **Berkel, L.A.** (2007). Burnout in batterer intervention program workers. *Journal of Interpersonal Violence*, 22, 994-1008. doi:[10.1177/0886260507302995](https://doi.org/10.1177/0886260507302995)
- *Nilsson, J.E., Flores, L.Y., **Berkel, L.A.**, Schale, C., Linnemeyer, R., & Summer, I. (2007). International career articles: A content analysis of four journals across 34 years. *Journal of Vocational Behavior*, 70, 602-613. doi:[10.1016/j.jvb.2007.01.003](https://doi.org/10.1016/j.jvb.2007.01.003)
- Berkel, L.A.** (2007). Domestic violence in the African American community. *Encyclopedia of domestic violence*. Routledge Publishing.
- *Flores, L. Y., **Berkel, L.A.**, Nilsson, J. E., Ojeda, L., Lynn, G.L., Jordan, S. E. & Leal Muniz, V. (2006). Racial/Ethnic Minority Vocational Research: A Content and Trend Analysis across Three Decades. *Career Development Quarterly*, 55, 2-21. doi:10.1002/j.2161-0045.2006.tb00001.x
- ***Berkel, L.A.**, Pyle, S.A., Chen, C., Jitnarin, N., Haddock, C. K., & Poston, W.S.C. (2005). Weight status, physical health, mental health, and stress reactions among military personnel [Abstract]. *Obesity Research Program Abstract Supplement*, 13, A69.
- *Pyle, S., Jitnarin, N., Pinkston, M., Booth, K., Reeves, R., Foreyt, J., **Berkel, L.**, Haddock, C.K., & Poston, W.S.C. (2005). Decreases in total calories and percent fat consumed in a meal replacement trial [Abstract]. *Obesity Research Program Abstract Supplement*, 13, A75.
- *Pinkston, M.M., Chen, C., **Berkel, L.A.**, Jitnarin, N., Pyle, S.A., Booth, K., Foreyt, J., Reeves, R.S., Haddock, C.K., Poston, W.S.C. (2005). Predictors of weight maintenance 1-year after a primary care weight loss trial [Abstract]. *Obesity Research Program Abstract Supplement*, 13, A191.
- ***Berkel, L.A.**, Furlong, A., Hickman, A.A., & Blue, E.L. (2005). A qualitative examination of Black college women's beliefs about abuse in relationships. *Professional Psychology: Research and Practice*, 36, 283-290.
- *Lucas, M.S., & **Berkel, L.A.** (2005). Problem patterns and counseling needs of students who seek help at a university counseling center: A closer look at gender and multicultural issues. *Journal of College Student Development*, 46, 251-266.
- ***Berkel, L.A.**, Poston, W.S.C., Foreyt, J.P., & Reeves, R.S. (2005). Behavioral interventions for obesity. *Journal of the American Dietetic Association*, 105, S35-S43. doi:[10.1016/j.jada.2005.02.031](https://doi.org/10.1016/j.jada.2005.02.031)
- ***Berkel, L.A.**, Vandiver, B.J., & Bahner, A.D. (2004). Gender role attitude, religiosity, and spirituality as predictors of domestic violence attitudes in White college students. *Journal of College Student Development*, 45, 119-131.

- ***Berkel, L.A.** (2004). A psychometric evaluation of the Sex Role Egalitarianism Scale with African American college students. *Sex Roles, 50*, 737-742.
- ***Berkel, L.A.**, Armstrong, T.D., & Cokley, K. (2004). Similarities and differences between religiosity and spirituality in African American college students: A preliminary investigation. *Counseling and Values, 49*, 2-14.
- *Nilsson, J.E., **Berkel, L.A.**, Flores, L.Y., & Lucas, M. (2004). International students' level of functioning, presenting concerns, referral sources, and length of treatment at a college counseling center. *Journal of College Student Psychotherapy, 19*, 49-59.
- *Nilsson, J.E., **Berkel, L.A.**, Flores, L.Y., *Wendler, A.M., Love, K.M., & Mecklenburg, E.* (2003). An 11-year review of Professional Psychology: Research and Practice. Content and sample analysis with an emphasis on diversity. *Professional Psychology: Research and Practice, 34*, 611-616.
- Berkel, L. A.** (2001). *African American women: An ecological perspective* [Review]. *Journal of Adolescence, 24*, 577-578.
- Berkel, L.A.** (1999). Care. In J.S. Mio, J.E. Trimble, P.Arredondo, & H.E. Cheatham (Eds.), *Multicultural interventions: A dictionary* (pp. 38-39.). Westport, CT: Greenwood Publishing Group, Inc.
- Berkel, L.A.** (1999). Civil rights. In J.S. Mio, J.E. Trimble, P.Arredondo, & H.E. Cheatham (Eds.), *Multicultural interventions: A dictionary* (pp. 44-45). Westport, CT: Greenwood Publishing Group, Inc.
- Berkel, L.A.** (1999). Class-bound. In J.S. Mio, J.E. Trimble, P.Arredondo, & H.E. Cheatham (Eds.), *Multicultural interventions: A dictionary* (45-46). Westport, CT: Greenwood Publishing Group, Inc.
- Berkel, L.A.** (1999). Cross-cultural counseling. In J.S. Mio, J.E. Trimble, P.Arredondo, & H.E. Cheatham (Eds.), *Multicultural interventions: A dictionary* (56-57). Westport, CT: Greenwood Publishing Group, Inc.
- Berkel, L.A.** (1999). Cultural accommodation/negotiation. In J.S. Mio, J.E. Trimble, P.Arredondo, & H.E. Cheatham (Eds.), *Multicultural interventions: A dictionary* (p. 60). Westport, CT: Greenwood Publishing Group, Inc.
- Berkel, L.A.** (1999). Culture blindness. In J.S. Mio, J.E. Trimble, P.Arredondo, & H.E. Cheatham (Eds.), *Multicultural interventions: A dictionary* (p. 84). Westport, CT: Greenwood Publishing Group, Inc.

OTHER MANUSCRIPTS

Italics denotes student author

Berkel, L. A., Nilsson, J. E., *Stapley, L., Maung, J., & Kelly, P.* (In progress). Deployment harassment, depression, and PTSD in National Guard Service Women.

Anderson, W.M., Berkel, L.A., & Conforti, D.R. (under review). American Messianic Jewish Identity Development: A grounded theory study.

PRESENTATIONS

*Italics denotes student author, *denotes peer-reviewed*

- *Berkel, L.A.**, Nilsson, J.E., *Maung, J.*, Kelly, P., & *Stapley, L.* (accepted). Deployment harassment, mental health, family functioning, and post-deployment support among National Guard Women. Proposal for poster presentation submitted for the 2020 annual meeting of the American Psychological Association, Washington, D.C.
- *Berkel, L.A.**, Langrehr, K.J. (2019, August). Developing faith partners: Insider/Outsider perspectives. In N.L. Murdock's *Out of the office and into the streets: Interventions for diverse clients and settings*. Symposium presented at the 2019 annual meeting of the American Psychological Association, Chicago, IL.
- *Berkel, L.A.**, *Caldwell, K.*, *Joiner, A.V.*, *Stratman, S.*, *Chong, W.*, & Nilsson, J.E. (2019, August). Experiences of counseling psychologists working in integrated health care. Poster accepted for presentation at the annual meeting of the American Psychological Association, Chicago, IL.
- *Berkel, L.A.**, *Joiner, A.*, Nilsson, J., Kelly, P., & *Maung, J.* (2018, August). An internet-based psychoeducational support group for reintegrating National Guard Women. Poster presented at the annual meeting of the American Psychological Association, San Francisco, CA.
- *Anderson, W.M.**, **Berkel, L.A.**, & *Confortti, D.* (2018, August). American Messianic Jewish identity development: A grounded theory study. Poster presented at the annual meeting of the American Psychological Association, San Francisco, CA.
- *Berkel, L.A.**, & Nilsson, J.E. (2016, August). Integrated Training Program in Behavioral Health Care for Underserved Urban and Military Communities. In J.E. Nilsson & L.A. Berkel's *Integrated Primary Care Psychology Training in Counseling Psychology Doctoral Programs*. Symposium presented at the annual meeting of the American Psychological Association, Denver, CO.
- *Maung, J.**, *Gowen, M.*, *Khan, M.*, Nilsson, J. E., **Berkel, L.A.**, & Kelly, P. (2016, August). *Women of the National Guard: Perspectives on the quality and effectiveness of reintegration resources*. Poster presented at the annual meeting of the American Psychological Association, Denver, CO.
- Williams, S. E.*, **Berkel, L. A.**, *Oehlert, M. E.*, & *Barber, C. E.* (2016, August). *An investigation of gender bias in the personality assessment inventory in a sample of veterans*. Poster presented at the annual meeting of the American Psychological Association, Denver, CO.
- Khan, M. T.*, Nilsson, J. E., **Berkel, L. A.**, *Joiner, A. V.*, *Maung, J.*, & *Gowen, M.* (2016, August).. *The movement towards integrated health care: Perceptions from vulnerable, underserved populations*. Poster presented at the annual meeting of the American Psychological Association, Denver, CO.
- *Anderson, M.** & **Berkel, L. A.** (2016, March). *The relationship between religiosity and mental health: The effects of gender, race/ethnicity, and socioeconomic status*. Paper presentation for the annual meeting at the Midyear Conference of Religion and Spirituality, St. Joseph's College, NY.

- *Scalise, D., **Berkel, L.A.**, & Marszalek, J. (2015, August). Measuring bias toward spiritual and religious beliefs in counseling. Poster presentation at the Annual Meeting of the American Psychological Association, Toronto, Canada.
- *Kelly, P.J., Joiner, A.V., Maung, J., Berkel, L.A., & Nilsson, J. (2015). Family reintegration after women's military deployment. Paper presentation at the MILHEALTH Conference, Washington, DC.
- Berkel, L.A.**, & Nilsson, J.E. (May 2015). *A three phase project to support National Guard service women: The role of counseling psychologists*. Paper presented to the Military Family Research Institute, Purdue University.
- *Joiner, A.V., **Berkel, L.A.**, Heinrich, K., Haddock, K., & Poston, C. (2015). The body as a temple: The relationship between religion/spirituality, health behaviors and physical health. Poster presented at the Midyear Conference on Religion and Spirituality, Provo, UT.
- ***Berkel, L.A.**, Nilsson, J.E., Kelly, P.J., Maung, J., & Joiner, A. (February 2015). *A three phase project to support National Guard service women: The role of counseling psychologists*. Paper presented at the 32nd Annual Winter Roundtable, Teachers College, Columbia University, New York, NY.
- *Farrell, M., **Berkel, L.A.** (August 2014). *Outness as a moderator for the relationship between sexual identity-specific stressors and risk-taking behaviors in lesbian, gay, and bisexual individuals*. Poser presented at the Annual Meeting of the American Psychological Association. Washington, DC.
- *Joiner, A., & **Berkel, L.A.** (July 2014). *The body as a temple: The relationship between religion/spirituality and eating behaviors*. Poster presented at the Annual Meeting of the Association of Black Psychologists. Indianapolis, IN.
- *Maung, J., Nilsson, J. E., Berkel, L. Y., Kelly, P. (August 2014). *Veteran women of the National Guard & Reserves: Reintegration, coping, and resource utilization* . Poster session to be presented at the annual convention of the American Psychological Association, Washington DC.
- *Kelly, P.J., Nilsson, J.E., & **Berkel, LA.** (June 2013). Family reintegration issues of women deployed in combat zones. Paper presented at the International Family Nursing Conference, Minneapolis, MN.
- *Williams, S.A., & **Berkel, L.A.** (August, 2013). Disability Related Content Analysis across 11 Years in the *Career Development Quarterly* and the *Journal of Vocational Behavior*. Poster to be presented at the American Psychological Association Annual Conference, Honolulu, HI.
- ***Berkel, L.A.**, Nilsson, J. E. Kelly, P., Anderson, M., Davids, C., Trummer, M., Sukumaran, N., Heredia, D., & Maung, J. (August, 2013) *Honey, I'm Home! Women Soldiers' Stories of Family Reintegration after Deployment*. Poster to be presented at the American Psychological Association Annual Conference, Honolulu, HI.
- *Nilsson, J.E., **Berkel, L.A.**, Kelly, P., Maung, J., Heredia, D., Sukumaran, N., Trummer, M., Davids, C., & Anderson, M. (August, 2013). *The unique experience of women soldiers during and after deployment*. Poster presented at the American Psychological Association Annual Conference, Honolulu, HI.

- ***Berkel, L.A.**, Nilsson, J. E. Kelly, P., *Anderson, M., Davids, C., Trummer, M., Sukumaran, N., Heredia, D., Maung, J., & Williams, S.* (March, 2013). *For God and country: The role of religion and spirituality in the lives of women National Guards soldiers before, during and after deployment.* Paper presentation for the annual meeting at the Midyear Conference of Religion and Spirituality, Loyola University, MD.
- Berkel, L.A.** (October, 2012). Christian women and the blues: Understanding and conquering depression. Presentation at the Bi-annual Central States Conference Women's Retreat, Branson, MO.
- **Brammer, S.*, & **Berkel, L.A.** (August, 2012). Domestic violence offenders' opinions of intimate partner violence. Poster presented at the Annual meeting of the American Psychological Association, Orlando, FL.
- *Heinrich KM, Jitnarin N, Haddock CK, Hughey J, **Berkel L**, Poston WSC. Characteristics of Physical Activity Facilities and Leisure-Time Physical Activity. 2011 [Poster presentation at the American Academy of Health Behavior Annual Conference, Hilton Head, SC]
- **Scalise, D.A.*, & **Berkel, L.A.** (August 2011). The roles of client religion, counselor religiosity, and spiritual competence in counselors' clinical judgment. Poster presented at the annual meeting of the American Psychological Association, Washington, D.C.
- **Joshi, J.A.*, Marszalek, J.M., & **Berkel, L.A.** (August, 2011). An Empirical Validation of Viktor Frankl's Logotherapeutic Model Poster presented at the annual meeting of the American Psychological Association, Washington, D.C.
- **Dashjian, L.T.*, *Scalise, D.A.*, **Berkel, L.A.**, Nilsson, J.E., Flores, L.Y. (August, 2010). A citation analysis of racial/ethnic minority career development research. Poster presented at the annual meeting of the American Psychological Association, San Diego, CA.
- ***Berkel, L.A.**, *Brackett, C.*, *Dashjiun, L.T.*, *Shilla, Y.*, *Scalise, D.* & *Williams, S.* (August, 2010). Religion, spirituality, and the clinical practice of psychology. Poster accepted at the annual meeting of the American Psychological Association, San Diego, CA.
- **Scalise, D.A.*, **Berkel, L.A.**, & van Whitlock, W. (August, 2010). Objective and subjective ratings of pathology. Poster presented at the annual meeting of the American Psychological Association, San Diego, CA.
- *Heinrich, Katie M., Poston, WS C., Jitnarin, N., Randles, A., Hughey, J., **Berkel, L.A.**, & Haddock, C.K. (2010). Obesity and physical activity variance by income and ethnicity in Kansas City. *International Journal of Exercise Science: Conference Abstract Submissions*: Vol. 6: Iss. 1, Article 23.
- **Scalise, D.A.*, *Hoffman, K.M.*, **Berkel, L.A.**, Haddock, C.K., Poston, W.S.C., & Salzman, G.A. (April, 2009). A qualitative review of tobacco cessation perceptions among patients with COPD. Poster presented at the annual meeting of The National Conference for Tobacco or Health, Phoenix, AZ.
- **Scalise, D. A.*, **Berkel, L. A.**, & Whitlock., R. V. (August, 2008). Client Factors Associated with Treatment Completion in a Substance Abuse Treatment Facility. Poster Presentation for Annual American Psychological Association Convention, Boston, MA.

- **Hoffman, K. M., Scalise, D. A., Poston, W. S. C., Salzman, G. A., Berkel, L. A., & Haddock, C. K.* (February, 2008). A Qualitative Review of Pulmonary Care Clinic Staff Perceptions Regarding Smoking Cessation in Patients with Chronic Obstructive Pulmonary Disease (COPD). Poster presented at the Society for Research on Nicotine and Tobacco's 14th Annual Meeting in Portland, Oregon.
- ***Berkel, L.A.** (November, 2006). The built environment and childhood obesity. In J. Witt & G. Woodward Lopez (Chair). Prevention of childhood obesity: The role of the food industry and local governments in creating healthy environments. Paper presented at the annual meeting of the American Public Health Association. Boston, MA.
- **Purcell, E., Dahlbeck, D., Berkel, L.A., Nilsson, J.E., & Flores, L.Y.* (August, 2006). A Citation Analysis of Racial/Ethnic Minority Career Development Research. Poster presented at the annual meeting of the American Psychological Association. New Orleans, LA.
- Berkel, L.A., Blue, E., & Peoples, B.** Sex Role Attitudes, Religious Orientation, and Spirituality as Predictors of Wife Abuse in College Students of Color. (August, 2006). Poster presented at the annual meeting of the American Psychological Association. New Orleans, LA.
- ***Berkel, L.A.,** Toldson, I., *Blue, E., Hickman, A.* (August, 2006). African American Men's Attitudes toward abuse in relationships. Poster presented at the annual meeting of the American Psychological Association. New Orleans, LA.
- *Poston, W., Hunter, C., Haddock, C., Suminski, R., Booth, K., Alvarez, L., Brundidge, A., **Berkel, L.A., Jitmarin, N., Hoffman, K., Volding, D., Taylor, J., Pyle, S., & Foreyt, J.** (November-December, 2006). Does BMI accurately predict body fat percentage among US military personnel? Presentation at the 9th International Congress of Behavioral Medicine, Bangkok, Thailand.
- **Taylor, J., Poston, W., Haddock, C., Jitmarin, N., Booth, K., Berkel, L.A., Hoffman, K., Suminski, R., Peterson, A., & Lando, H.* (November-December, 2006). Eating disordered behaviors among active duty military members. Presentation at the 9th International Congress of Behavioral Medicine, Bangkok, Thailand.
- *Booth, K.M., Poston, W.S.C., Haddock, C.K., Suminski, R.R., **Berkel, L.A., Jitmarin, N., Hoffman, K., Volding, D., Taylor, J., Pyle, S., Foreyt, J., & St. Jeor, S.** (November-December, 2006). Body mass index or waist circumference: Which better predicts obesity? Presentation at the 9th International Congress of Behavioral Medicine, Bangkok, Thailand.
- **Jitmarin, N., Kosulwat, V., Poston, W., Boonpradern, A., Haddock, C., Booth, K., Suminski, R., Berkel, L.A., Hoffman, K., Volding, D., & Pyle, S.* (November-December, 2006). Prevalence and predictors of hypertension, diabetes mellitus, and dyslipidemia among adult Thais. Presentation at the 9th International Congress of Behavioral Medicine, Bangkok, Thailand.
- *Booth, K.M., Suminski, R.R., Poston, W.S.C., Haddock, C.K., **Berkel, L.A., Jitmarin, N., Hoffman, K., Taylor, J., Pyle, S., & Foreyt, J.** (November-December, 2006). Correlates of meeting vigorous physical activity recommendations for US military personnel. Presentation at the 9th International Congress of Behavioral Medicine, Bangkok, Thailand.

- ***Berkel, L.A.**, Pyle, S.A., Chen, C., Jitmarin, N., Haddock, C. K., & Poston, W.S.C. (October, 2005). Weight Status, Physical Health, Mental Health, and Stress Reactions Among Military Personnel. Poster presentation at the annual meeting of the North American Association for the Study of Obesity. Vancouver, British Columbia, Canada.
- *Pyle, S., Jitmarin, N., Pinkston, M., Booth, K., Reeves, R., Foreyt, J., **Berkel, L.A.**, Haddock, C.K., & Poston, W.S.C. (October, 2005). Decreases in total calories and percent fat consumed in a meal replacement trial. Poster presentation at the North American Association for the Study of Obesity Annual Conference, Vancouver, Canada.
- *Pinkston, M.M., Chen, C., **Berkel, L.A.**, Jitmarin, N., Pyle, S.A., Booth, K., Foreyt, J., Reeves, R.S., Haddock, C.K., Poston, W.S.C. (October, 2005). Predictors of Weight Maintenance 1-year after a Primary Care Weight Loss Trial. Poster presentation at the North American Association for the Study of Obesity. Vancouver, British Columbia, Canada.
- *Mobley, M., & **Berkel, L.A.** (August, 2005). Social cognitive theory of career development with African American adolescents. In H. Coleman (Chair), Counseling psychology interventions with culturally diverse youth. Symposium presented at the 2005 annual meeting of the American Psychological Association, Washington, D.C.
- *Bahner, A.D., & **Berkel, L.A.** (August, 2005) Burnout among workers in batterer intervention program. Poster presented at the Annual Convention of the American Psychological Association. Washington, D.C.
- *Blue, E.L., & **Berkel, L.A.** (August, 2005). Mental health, feminist identity, and symptomatic eating patterns in African American women. Poster presented at the 2005 annual meeting of the American Psychological Association, Washington, DC.
- *Nilsson, J. E., Linnemeyer, R., Summers, I., Flores, L. Y., & **Berkel, L. A.** (August, 2005). *A content analysis of international career articles across 30 years*. Poster presented at the 2005 annual meeting of the American Psychological Association, Washington DC.
- ***Berkel, L.A.**, Murdock, N.L., Hickman, A., Furlong, A., & Blue, E. (July, 2004). *Characteristics of successful university counseling center psychologist positions*. Poster presented at the 2004 annual meeting of the American Psychological Association.
- ***Berkel, L.A.**, Constantine, M. G., Blue, E., Furlong, A., & Hickman, A. (July, 2004). *Religiosity and multicultural competence in psychologists and trainees*. Poster presented at the 2004 annual meeting of the American Psychological Association.
- *Mobley, M., & **Berkel, L. A.** (July, 2004). *Career interests, barriers, indecision and self-efficacy among African-American adolescents*. In D. Bluestein (Chair), The Ties that bind: Internalizing connections between school and work. Symposium presented at the 2004 annual meeting of the American Psychological Association.
- ***Berkel, L. A.** (February, 2004). *Supervisor competence: Addressing religious and spiritual issues with supervisees*. In L. Berkel (Chair), Cultural competence for supervisors and trainers: Implications for international and religiously diverse counseling students. Symposium presented at the 21st Annual Teacher's College Winter Round Table on Cultural Psychology and Education. New York, NY.

- Berkel, L. A., Blue, E. L.** (October, 2003). *Mental health and spirituality*. Brothers of the Academy 2003 Think Tank/Conference. Kansas City, MO.
- *Flores, L.Y., Munez, V., **Berkel, L.A.**, Nilsson, J. (August, 2003). *A trend analysis across 30 years*. Poster presented at the annual meeting of the American Psychological Association. Toronto, Canada.
- ***Berkel, L.A.**, Clarke, A., & Furlong, A. (August, 2002). *A qualitative look at black women's attitudes toward domestic violence*. Poster presented at the annual meeting of the American Psychological Association. Chicago, IL.
- ***Berkel, L.A.** (August, 2001). *Healing ourselves and setting ourselves free while fostering respect and understanding in a multicultural context*. In K.Y. Wilson-Starks (Chair), *The Christian worldview and African thoughts, ideas and practices: Are they compatible?* Think Tank presented at the annual meeting of the Association of Black Psychologists. Denver, CO.
- ***Berkel, L.A.**, Armstrong, T.D., & Cokley, K. (August, 2001). *An exploratory factor analysis of the Armstrong Measure of Spirituality*. Poster presented at the annual meeting of the American Psychological Association. San Francisco, CA.
- *Wendler, A., Love, K., Nilsson, J., **Berkel, L.**, & Flores, L. (August, 2001). *A content and sample analysis of articles published in Professional Psychology Research and Practice: 1990 – 2000*. Poster presented at the annual meeting of the American Psychological Association. San Francisco, CA.
- ***Berkel, L.A.**, & Vandiver, B.J. (2000, August). *A causal model of domestic violence*. Poster presented at the annual meeting of the American Psychological Association, Division 17, Washington, D.C.
- *Rooney, S.C., Nilsson, J.E., & **Berkel, L.A.** (2000, August). *Surviving the academic job search: Perspectives of successful minority applicants*. Panel presented at the annual meeting of the American Psychological Association, APAGS, Washington, D.C.
- ***Berkel, L.A.** (2000, August). *Attitudes toward domestic violence: An SEM for women of color*. In K.M. O'Brien & L.Y. Flores (Chairs), *Using structural equation modeling to advance knowledge regarding understudied women*. Symposium presentation at the annual meeting of the American Psychological Association, Washington, D.C.
- *Duan, C., **Berkel, L.A.**, Brown, C., Rooney, S., Paul, R., & Murdock, N. (2001, March). *Cultural competency as a defining feature for counseling psychology*. Roundtable discussion at the Houston 2001 Conference for Counseling Psychology, Houston, TX.
- ***Berkel, L.A.** & Vandiver, B.J. (1999, August). *Mentoring African American Women*. In J.E. Nilsson (Chair), *Mentoring for women of color, lesbians, internationals, and mothers in psychology programs*. Roundtable presentation at the annual meeting of the American Psychological Association, Boston, MA.
- *Nilsson, J.E., **Berkel, L.A.**, & Flores, L.Y. (1999, April). *International students' level of functioning, presenting concerns, referral sources, and length of treatment at a college counseling center*. Poster presented at the Great Lakes Regional Conference for Counseling Psychology, Columbus, OH.

- *Vandiver, B.J. & **Berkel, L.A.** (1997, August). *African American women's attitudes toward and tolerance of abuse in relationships*. Poster presented at the annual conference of the Association of Black Psychologists, Washington, D.C.
- *Vandiver, B.J., Crear, J.A., & **Berkel, L.A.** (1997, August). *A cross-cultural study of women's attitudes toward abusive relationships*. Poster presented at the annual conference of the American Psychological Association, Division 45, Chicago, IL.
- ***Berkel, L.A.** (1997, May). *African American women's attitudes toward and tolerance of abuse in relationships*. Paper presented at the annual meeting of the National Black Graduate Student Association, Durham, NC.
- *Johnson, M.E., & **Berkel, L.A.** (1997, February). *Say It Ain't So: African American families coping with terminal illness*. Symposium presented at the annual meeting of the Winter Roundtable on Cross-cultural Counseling and Psychotherapy, Columbia University, New York, NY.
- ***Berkel, L.A.** & Vandiver, B.J. (1997, February). *African American women's attitudes toward and tolerance of abuse in relationships*. Symposium presented at the annual meeting of the Winter Roundtable on Cross-cultural Counseling and Psychotherapy, Columbia University, New York, NY.
- *Caldwell, L.D. & **Berkel, L.A.** (1996, October). *The confluence of cross-cultural counseling and ethics: An ethical decision-making approach to counseling African American women*. Symposium presented at the annual meeting of the Southern Regional Chapter for the Association of Women in Psychology, Hilton Head, SC.
- *Vandiver, B.J., Ford, B.K., Duncan, L.E., & **Berkel, L.A.** (1996, August). *The utilization of an Africentric approach in addressing ethical issues emerging between the African American Counselor and Client*. Symposium presented at the annual conference of the Association of Black Psychologists, Chicago, IL.
- *Caldwell, L.D., **Berkel, L.A.**, & Cheatham, H.C. (1996, February). *The confluence of cross-cultural counseling and ethics: Transformative work for the twenty-first century*. Symposium presented at the annual meeting of the Winter Roundtable on Cross-cultural Counseling and Psychotherapy, Columbia University, New York, NY.

PROFESSIONAL SERVICE

National and Professional Service

State and National Grant Reviewer

Florida Department of Health Biomedical Research Program (2019)
Oak Ridge Associated Universities, SUNY Downstate Review (2015)
NIH Native American Research Centers for Health, Special Emphasis Panel (2012)
Pennsylvania Interim Review 2nd Panel (2008)
NIH National Center for Health and Health Disparities P 60 Review Panel (2008)
NIH National Center for Health and Health Disparities P 60 Review Panel (2007)
NIH National Center for Health and Health Disparities Spec. Emphasis Panel (2005)

Journal Editorial Board Member

Spirituality in Clinical Practice, 2019-Present
Journal of Career Development, 2005-2009, 2020
Journal of Black Psychology, 2008 - present

Journal Ad-Hoc Reviewer

Health Education and Behavior (2017-2018)
Journal of Epidemiology (2018)
Journal of Psychotherapy Integration (2018)
Journal of Counseling Psychology (2002 to 2007)
Journal of Black Psychology (2004 to 2007)
Cultural Diversity and Ethnic Minority Psychology (2004 to present)
Sex Roles (2004 to present)
Community, Work, and Family (2012)
Journal of Orthopsychiatry (2005)
Journal of Career Development (2011-12)

Program Reviewer

American Psychological Association Division 29 (2018, 2019)
American Psychological Association Division 35 (2018, 2019)
National Multicultural Counseling Summit (2016)
American Psychological Association Division 45 (2014-2015)
American Psychological Association Division 17 Positive Psychology Student Poster (2013)
Association of Black Psychologists SAGE Student Research Award (2013)
American Psychological Association Division 17 (2000 to 2002)
American Psychological Association Division 17 SERD (2000-2002, 2004, 2012)

UM System and UMKC Campus Service

Member, Search Committee for Provost and Executive Vice Chancellor (2020)
Member, Search Committee for Snr Vice Provost for Academic Quality Assurance (2019-Present)
UM Advisory Board for Academic Leadership Development (2019-Present)
UM Academic Leadership Development Taskforce (2019)
UMKC Recruiter at the SREB Institute for Teaching and Mentoring Conference (2019)
COACHE Survey Committee (2018)
Member, Search Committee for Provost (2015)
Academic Compliance Council (2013-2014)
Academic Policy Development Task Force (2012 – 2017)
University Assessment Committee (2011 - 2017)
Deans for Research Committee (2011 – 2014)
Provost's Committee for Excellence in Teaching (2010 – 2012)
School of Graduate Studies Fellowship Review (2009-2012)
Social Sciences Institutional Review Board (2006 to 2008)
Diversity Consultant to UMKC's School of Nursing (2004 to 2005)
Center for Excellence in Women's Health (2004 to 2005)
Diversity Curriculum Infusion Project (2003)

UMKC School of Education

Faculty Executive Committee Member (2019-present)
Promotion and Tenure Committee Member (2018-present)
Non Tenure-track School Counseling Faculty Search Committee, Chair (2018-2019)
Ad-hoc committee Member for Student Evaluation of Teaching (2018 – 2019)
School of Education Alumni Achievement Award Committee Member (2017)
School of Education Young Pai Research Award Committee (2017)
Continuing and Professional Education Director Search Committee, Co-chair (2014-2015)
Curriculum & Instructional Leadership Faculty Search Committee, Co-chair (2014)
Dean's Small Grant Review Committee (2013, 2017)
Temporary Technical Assistant Search Committee Member (2012-2013)
Assistant Dean for Student Services Search Committee, Co-Chair (2012, 2013)
Grants Coordinator Search Committee, Co-Chair (2012)
Professor of Urban Leadership Review Committee, Co-Chair (2012)
Assessment Coordinator Search Committee, Co-chair (2011)
DaLee Scholarship Awards Committee (2011, 2013)
Community Counseling and Assessment Services Director Search Committee Member (2011)
School of Education Scholarship Committee (2011 – 2012)
Assistant Professor for Urban Special Education Search Committee, Co-chair (2010)
Associate Dean for Teacher Education Search Committee, Co-chair (2010, 2013, 2014)
Strategic Action Plan Committee (2010-2012) and Implementation Committee Chair (2012 - 2013)
NCATE/CAEP Coordinator (2009 - 2017)
School of Education Dean Search Committee Member (2008)
Educational Psychology Faculty Search Committee Member (2008)
Assessment Committee (Chair/Co-chair: 2008 – 2017, Member 2017- 2019)
Endowed Chair for Urban Education Search Committee Member (2007) & Co-Chair (2007-2008)
Oversight Committee Member (2007-2008, 2011-2012)
Counseling Psychology Faculty Search Committee Member (2004)
Grievance Committee (2003)
Committee on Academic Programs and Standards (2002-2003, Chair 2003-05, 2010-2012)
Doctoral Faculty Nominating Committee (2000 – 2002, 2006-2008, 2013-2015)
Learning Disability Faculty Search Committee Member (2000-2001)

Counseling & Counseling Psychology Programs

Division Newsletter Editor (2019-present)
Counselors for Social Justice Committee (2018 – present)
Program Recruiter (2018)
Education Specialist Degree, Program Coordinator (2007-2019)
Comprehensive Examination Committee (2003 – 2013, 2015-2016, Chair 2019-present)
Ph.D. and/or M.A. Admissions Committees (2000-2002, 2011-2012, 2015-2016, 2018, 2020)
Counseling Psychology Instructor/Lecturer Search Committee (2011)

Church & Community Service

Health Ministries Department (2018 - present)

Linwood Boulevard Seventh-day Adventist Temple

As a member of the Health Ministries team, I assist in coordinating health-related programming to the congregation. As part of the health ministries team, I share information on mental health topics and co-facilitate a grief support group.

Adventist Community Services Volunteer (2018)

Completed the six hour training to serve as a certified volunteer to assist with disasters. The ACS organization specializes in donations operations and warehouse management.

Mental Health Panel (2017)

Beacon Light Seventh-day Adventist Church

I was invited to serve on a panel to discuss mental health issues among Christians, including discussing Community Counseling and Assessment Services as a resource..

Assistant Treasurer and School Board Member,

V. Lindsay Seventh-day Adventist School 2007- 2012

I have served on the local school board for a private Christian elementary school. In addition to my board membership, I served as assistant treasurer for the school for almost five years.

Volunteer Facilitator/Coordinator, Financial Peace University 2004-2005, 2015, 2018

As coordinator, I facilitated a financial literacy class for members of my church and the surrounding community.

Mid-America Union of Seventh-day Adventists Board of Education, 2013-2015

Serve as the Central States Conference representative on this board

Assistant Youth Leader, 2002 to 2004

Linwood Boulevard S.D.A. Temple; Kansas City, MO. In this capacity, I was responsible for providing programming geared toward the emotional, physical, social, educational, and spiritual development of the church's youth.

Executive Member and Facilitator, Precious Gems Council, 2000 to 2006

Coordinated a Life Skills Curriculum and Cotillion for adolescent girls of the Linwood Boulevard S.D.A. Temple. As a facilitator, I presented workshops on career and educational development.

Volunteer Mentor, Westport Allen Center, 2001

Provided mentoring to children in community-based after school program.

HONORS, AWARDS, & RECOGNITION

- (Nominee) UM System President's Award for Citizenship, 2020
- UM System President's Academic Leadership Institute, 2011
- University of Missouri Faculty Scholar, 2002
- National Center on Minority Health and Health Disparities Scholar, 2004
- Kozak Memorial Fellowship; Phi Delta Kappa, Penn State University, 1998
- Alumni Society Graduate Student Research Initiation Grant, Penn State University, 1997
- Handbook of Multicultural Counseling Minority Student Scholarship, 1997
- Alternate; Honorable Mention: APA Minority Fellowship Program, 1997
- Conrad Frank, Jr. Fellowship in Education, Penn State University, 1996
- Minority Scholars Fellowship, Penn State University, 1995
- Dean's Opportunity Scholarship, New York University, 1993-1995
- Summa Cum Laude, Oakwood College, 1992