

**Mary Kay Martin Heldman MSW, LISW-S**  
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**Bilingual in Spanish**

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<b>Education</b>	<b>University of Cincinnati</b> , Cincinnati, OH School of Social Work Administration, MSW, June 1995 Licensed Independent Social Worker (LISW), June 1997  <b>Michigan State University</b> , East Lansing, MI James Madison College, BA, June 1989
<b>Professional Employment</b>	<b>Shirley Ryan AbilityLab</b> , Chicago, IL <ul style="list-style-type: none"><li>• Outpatient pediatric Social Worker</li></ul> <b>University of Missouri Kansas- City</b> , MO School of Education, Social Work and Psychological Sciences, August 2019-Present <ul style="list-style-type: none"><li>• Adjunct Professor</li><li>• Field Liaison</li><li>• Canvas Certified online Instructor</li></ul> <b>Mattie Rhodes</b> , Kansas City, MO October 2018- Present <ul style="list-style-type: none"><li>• Coordinate and teach Spanish Parenting classes</li><li>• Covid-19 Crisis Counseling</li><li>• Homicide Crisis for the Latino Advocacy Task Force</li></ul> <b>TriHealth</b> , Cincinnati, OH Social Worker January 2003-June 2018 <ul style="list-style-type: none"><li>• Coordinate and facilitate the Think Baby First safety classes for Bethesda's Spanish speaking patients</li><li>• Provide Social Work services for the Spanish speaking patients at both the Bethesda OB clinic and Good Samaritan Labor and Delivery Units</li><li>• Trained grief support person</li><li>• Trained in Centering Care April 8 -9, 2016 Chicago, Ill</li><li>• Latin community outreach coordinator for prenatal services</li><li>• Centering facilitator</li><li>• Grant writer and coordinator</li><li>• Supervise field students</li><li>• Notary State of Ohio expires 3/28/2022</li><li>• Counselor at the Free Health Clinic, September 2015-June 2018</li></ul> <b>University of Cincinnati</b> , Cincinnati, OH School of Social Work, January 2008-December 2017 <ul style="list-style-type: none"><li>• Adjunct professor for the Social Work department</li><li>• Liaison for MSW interns and their field supervisors</li></ul>

- Supervise MSW and BSW students

**Babies' Milk Fund (BMF) Pediatric Care**, Cincinnati, OH

Social Service Director/Program Coordinator, April 1997-June 2002

- supervise social service component of community based pediatric centers in five medically underserved locations in the Cincinnati area
- Design and implement social service programs for prenatal and pediatric patients (Read with Me, Touchpoints, Support groups for Moms, Hispanic Health Care and Clothing Closet)
- Coordinate teen pregnancy and school-based health programs
- Development of social service fundraisers for BMF
- Grant management of social service funds
- Implemented and managed Quality Assurance program for BMF patients

**AIDS Volunteers of Cincinnati**, Cincinnati, OH

Case Management Coordinator, April 1994-May 1998

- Coordinate, train and manage 12 Case Managers in a multiple agency collaboration
- Implement policy and procedure for the HIV Case Management Network
- Manage and recruit program volunteers
- Design and implement programs for HIV individuals and their families
- Prepare and write quarterly and annual reports
- Market HIV client services and access points for all new referrals
- Successfully implemented and designed quality assurance measures for multiple agency network
- Assisted in designing and implementing a computer client service program for local multiple agency network and the state of Ohio AIDS organizations

**Travelers Aid of Cincinnati**, Cincinnati, OH

MSW Intern, March 1994-June 1995 Responsibilities:

- Conducted a comprehensive study of the needs of Hispanic families in the Cincinnati area
- Planned and coordinated 1994 Annual meeting and report

**Cincinnati Health Network**, Cincinnati, OH

HIV Case Manager, August 1992-April 1994

Responsibilities:

- Advocate and counsel over 100 HIV positive clients and their families with financial, psychosocial and medical assistance
- Specialized Case Manager at Caracole, Inc., residential home for individuals living with AIDS

**Project Remand, Pretrial Services**, St. Paul, MN

Court Counselor, II, July 1990-July 1992

- Supervise and counsel offenders in the Ramsey County criminal justice system
- Actively participate in the district court process for establishing eligibility for release of all defendants from jail
- Implemented and co-facilitated a woman's support group for diversion of theft charges
- Specialized counselor for all Hispanic clients at Project Remand

**Leadership**

**And Honors**     AIDS Volunteers of Cincinnati 1995 Employee of the Year  
                          Ambulatory Care Committee, August 1992-May 1997

Babies' Milk Fund (BMF) Pediatric Care 1998 Employee of the Year  
 Babies' Milk Fund (BMF) Pediatric Care 2001 Clinician of the Year  
 Children and Families Health Service Committee, April 1997-Present  
 Department of Commerce TIIAP Public Service Grant Review Team, April 1998  
 Health Initiative Outreach Coordinator, January 1998-Present  
 HIV Case Management Network Committee Chair, April 1994-May 1997  
 Hospice Red Ribbon Team Advisory Committee, April 1994 - December 1996  
 Ohio Department of Health (AIDS Unit) Grant Review Committee, Fall 1996  
 Ohio Department of Health (AIDS Unit) Quality Assurance Committee, 1995  
 Ohio Department of Health (Maternal and Child Health) Year 2000 Committee, Ryan  
 White Committee, August 1992-May 1997  
 Ryan White Committee Quality Assurance Chair, March 1995- May 1997  
 Touchpoints Coordinator for Cincinnati 1998-2003  
 University of Cincinnati School of Social Work Health Curriculum Consultant, 1997  
 University of Cincinnati School of Social Work presenter, 1995-Present  
 2011 Trihealth Service Excellence Award  
 2012 YMCA African American and Latino Teen Achiever Award  
 2016 Centering Training, Chicago Illinois  
 2016 Cradle Cincinnati Social Support Champion  
 Cristo Rey Spanish High School Academic Coach, March 2018-Present **Presentations**

## **And Publications**

Latinx Social Work Conference  
 "Best practices to support and empower Latinx families with disabilities"  
 Chicago, Illinois, October 2024

Latinx Social Work Conference  
 "How to love, live and thrive as a Social Worker."  
 Chicago, Illinois, September 2023

Latinx Social Work Conference  
 "Shining the Light within"  
 Chicago, Illinois, April 2022

Latinx Social Work Conference  
 "Vamos-Latinx Social Workers advocate for excellent and ethical supervision"  
 Chicago, Illinois, October 2019

Journal article National Association of Perinatal Social Worker  
 Fall 2018  
 "Shining the light on working with immigrant mothers"

National Association of Perinatal Social Workers Conference  
 "Shining the light on working with immigrant teen mothers"  
 Long Beach, California, May 4, 2018

Latinx Social Work Conference  
 "Working with Immigrant teen families"  
 Chicago, Illinois, October 2018

National Association of Perinatal Social Workers Conference

"Finding hope within Social Work Supervision"  
Providence, Rhode Island, May 5, 2016

Hispanic Case Management Perinatal Services at TriHealth  
Cincinnati Hispanic Coalition Meeting  
Cincinnati, Ohio, August 25, 2015

Ethical Issues working with Hispanic Families in the Health Care setting.  
TriHealth, Cincinnati, Ohio, October 1, 2015

Ohio Latino Affairs Commission Conference  
"No lo tienes que hacer solo - El proximo paso"  
Cincinnati, Ohio, April 17, 2015

Latino Social Work Conference  
"Making a difference in the Latino Community: Best practices for effective supervision in Service Learning."  
"Innovative programming and effective strategies to reduce infant mortality within the Latino Community"  
University of Illinois Chicago, October 16-18, 2014

National Association of Social Workers in Ohio Annual Conference "Case Study of paternal involvement and healthy eating during and after pregnancy." Columbus, Ohio November 2013

March of Dimes Council on Healthy Mothers and Babies Fall Campaign.  
"Paternal involvement and Healthy Eating". Cincinnati, OH November 2013

Alliance for Immigrant Women, Speaker May 2013

Journal article in the National Perinatal Social Work Forum, Spring 2013  
"Social Workers' Challenges in Reaching out to Teens"

YMCA African American and Latino Teen Achiever, Cincinnati OH  
February 2013  
"How to be Healthy and Happy."

The First Ohio Infant Mortality Summit, Columbus OH  
November 2012  
"Innovative programming and effective strategies to reduce infant mortality within the Hispanic Community."

Journal article in the National Perinatal Social Work Forum, Fall 2012  
"How to incorporate Social Work Supervision effectively and ethically."

National Perinatal Social Work Conference, Little Rock, AK  
May 2012  
"Relax, renew and be rejuvenated: How to incorporate Social Work Supervision effectively and ethically."  
"Best Practices: Social Worker's reaching out to Teens"

Journal article in the National Perinatal Social Work Forum,  
Fall 2011

National Perinatal Social Work Conference, San Francisco, Ca May 2011 "The good, the bad and the awful; supervising Social Workers in field education"

Latino National Association of Social Workers, Chicago, Ill April 2011  
"Building bridges with trust: Social Workers reaching out to tween 2 teen moms"

Journal article in the National Perinatal Social Work Forum, Winter 2011  
"Working with undocumented families"

Journal article in the National Perinatal Social Work Forum, Autumn 2010  
"Look for the good and you will find it...The Pursuit of Happiness of a Perinatal Social Worker"

National Association of Social Workers, Columbus, Oh, October 29, 2010  
"Hispanic Case Management"

National Prenatal Social Work Conference, Salt Lake, Ut May 2010  
"Look for the good and you will find it"  
"Falling through the cracks; working with undocumented families"

National Prenatal Social Work Conference, Philadelphia, PA May 2009  
"3 Hot Topics for Social Work Providers working with Hispanic families"

National Perinatal Social Work Conference, Indianapolis, IN May 2008  
"Working with Hispanic families"

Journal article in the National Perinatal Social Work, August 2008  
"Effectively working with Hispanic families in a perinatal setting"

National Brain Conference 0-3, Covington KY, March 2000  
"Child Development and working with diverse families"

Every Child Succeeds 0-3 Conference, Covington KY, November 1999  
"Touchpoints and early childhood development"

Family and Children First Intra-systems Training, Cincinnati, OH March 1999-2005  
"Strengthening parent/provider relationships"

Community Action Agency 0-3 Home visitation, Lexington, KY 2000  
"Child development and Touchpoints"

Children's Hospital, Cincinnati, Ohio 1998 and 1999  
Touchpoints training Pediatric Faculty and Nurse Practitioners  
"Strengthening the Patient-Provider Relationship: The Brazelton Touchpoints Model"

National Association of Social Workers, Columbus, OH. 1999

"Touchpoints training for Social Workers"

"Making lasting connections with families; Touchpoints an interdisciplinary model"

AIDS Volunteers of Cincinnati Buddy Training, 1998-2005

"Family Dynamics"

National Conference on HIV/AIDS, Miami, FLA. 1997

"AIDS Service Tracking Automation (ASTRA)"

National AIDS Update, San Francisco, CA. 1996

"Greater Cincinnati HIV Case Management Network; A Management Model for Prevention of Fragmentation and Duplication of Social Work Services for the HIV Challenged Family."

"Human Behavior: A Perspective for the Helping Professions"

"Practice Exemplar on Case Management: Everything Happens in Its Own Time."  
1996

HIV/AIDS International Social Work Conference

1996, "How to Enhance Employee Satisfaction." Atlanta, GA

1995, "Enhancing Client Satisfaction." Chicago, IL

"Greater Cincinnati HIV Case Management Network." Chicago, IL

Ohio Department of Health Conference, Columbus, OH 1995

"Strength based HIV Case Management Model and Practice"

Children's' Hospital Residency Training, Cincinnati, OH 2001-2007

Hispanic Cultural Issues

Every Child Succeeds Touchpoints Conference, Cincinnati OH 2002